



# SPRING INTO WELLNESS

Enjoy a jam-packed Easter extravaganza at Camiral Golf & Wellness. Guests can take part in plenty of activities, from the Great Easter Egg Hunt for children to a bike tour of the surrounding woodland areas that everyone can enjoy. Create some lasting memories with your friends and family this Springtime.



**CAMIRAL**

GOLF & WELLNESS

# SPECIAL FOR KIDS

1<sup>st</sup>-9<sup>th</sup> April

Spend time playing, drawing, learning, discovering new things and making friends at the Kids' Club. Your children will ask to come back every time. Available for children between 3 and 12 years old. Advanced booking is recommended.

				1 SATURDAY		2 SUNDAY	
				Table Games 10.00 - 11.00		Photo Trail 10.00 - 12.00	
				Treasure Hunt 11.00 - 13.00		Sport Games 12.00 - 13.00	
				Target Games 13.00 - 14.00		Table Games 13.00 - 14.00	
3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY	8 SATURDAY	9 SUNDAY	
Table Games 10.00 - 11.00	Target Games 10.00 - 11.00	Table Games 10.00 - 11.00	Treasure Hunt 10.00 - 12.00	Table Games 10.00 - 11.00	The Great Egg Hunt 10.00 - 12.00	Sport Games 10.00 - 11.00	
Sport Games 11.00 - 12.00	Hiding Games 11.00 - 12.00	Sport Games 11.00 - 12.00		Sport Games 11.00 - 12.00		Olympic Games 11.00 - 13.00	
Traditional Games 12.00 - 13.00	Bio Trip 12.00 - 14.00	Traditional Games 12.00 - 13.00	Sport Games 12.00 - 13.00	Bio Trip 12.00 - 14.00	Free Games 12.00 - 14.00		
Crafts 13.00 - 14.00		Crafts 13.00 - 14.00	Table Games 13.00 - 14.00			Hiding Games 13.00 - 14.00	

## Table Games

Quiet board games for all levels and ages.

## Treasure Hunt

Put yourself to the test and find Camiral's treasure before anyone else!

## Target Games

Target games for all levels.

## Photo Trail

Do you recognise these images? Discover the most hidden places in the resort!

## Sport Games

Run and have fun trying different games and sports.

## Traditional Games

Discover the oldest and funniest games.

## Crafts

Have fun making crafts and take them home.

## Bio Trip

Discover the nature of the resort with our monitors and biologist.

## The Great Egg Hunt

Find the Easter eggs hidden around the resort. A different adventure dependent on your age!

## Olympic Games

Re-live the Olympic Games with the most emblematic games.

## Hiding Game

Hide and seek games around the resort.

2 hours included with the resort fee. Extra hours: 1h €15, 2h €25, 3h €35 or 4h €40.

# PERSONALISED ACTIVITIES



## Paddle/Tennis Hire

Our Tennis & Paddle courts and equipment are at your disposal for a daily game with your friends or family. Equipment rental included with the resort fee.

*Subject to availability*

*Advanced booking recommended*



## Bike Hire

Explore the area by bike and enjoy breathtaking scenery and charming towns along the way. Equipment rental included with the resort fee.

*Subject to availability*



## Running & Walking Trails

Run or walk amongst the wonderful natural landscape along the different running or walking circuits which loop around the resort. Included with the resort fee.

*Subject to availability*



## Bike Tour (S'Agaró) + Shuttle \*

You will be guided along the 35km Via Verda to Liagostera route. Then you'll continue the ride to S'agaró. The route has a 150m elevation. A shuttle bus is provided at the end of the ride to return you to the resort.

**Includes:** Bike hire, guide, transfer back to hotel.

**Not included:** Electric or gravel bike, coffee.

**Price:** €40 person.

**Day:** April 1st

**Time:** 9:00 a.m. – 14:00 p.m.

**Meeting point:** Hotel Camiral

*Minimum 8 people.*

*Special price for residents (€36 person)*

Enjoy this Easter season in the wide open spaces at Camiral Golf & Wellness and create some extraordinary memories with your friends and family this Springtime.

For a limited time only, guests will be pleased to know that our vast range of activities are all included within the resort fee (at 15€ per room, per night). This includes all group activities as well as individual experiences.

On demand activities, tailored specifically to you, can also be arranged at an extra charge.

31 FRIDAY	1 SATURDAY	2 SUNDAY
	Bike Tour to S'agaró* 9.00 - 14.00	Fitness 9.00 - 10.00
		Forest Park 11.00 - 13.00
	Forest Park 15.00 - 17.00	Bike Tour 16.00 - 18.00
Forest Park 16.00 - 18.00		Footgolf 17.00 - 19.00
	MiniGolf 18.00 - 19.00	

3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY	8 SATURDAY	9 SUNDAY
	Fitness 9.00 - 10.00		Fitness 9.00 - 10.00	Morning Walk & Catalan Breakfast* 9.00 - 12.00		
Bike Tour 10.00 - 12.00		Bike Tour 10.00 - 12.00	Forest Park 10.00 - 12.00		The Great Egg Hunt 10.00 - 12.00	Artistic Workshop* 10.00 - 12.00
	Tree Planting 12.00 - 13.00	Birds Nests Route 12.00 - 13.00		Turtles 12.00 - 13.00		
Multisport Camp* 15.00 - 17.00						Footgolf 15.00 - 17.00
	Forest Park 17.00 - 19.00	Footgolf 17.00 - 19.00		Footgolf 17.00 - 19.00	Forest Park 16.00 - 18.00	
MiniGolf 18.00 - 19.00			MiniGolf 18.00 - 19.00			MiniGolf 18.00 - 19.00

10 MONDAY
Forest Park 10.00 - 12.00

Family & Kids - TOGETHER WELL

Sports & Wellness - LIVE WELL

Bio Activities - EXPLORE WELL

Gastronomical - EAT WELL

\*Not included in the resort fee



### The Great Easter Egg Hunt

Can you find all the Easter eggs hidden around the resort?  
Meeting point: Kid's Club



### Tortoises

Find out all about these amazing creatures living in the resort with our resident biologist.  
Meeting point: Residents Club



### Birds Nests Route

Enjoy a guided walk in the grounds of the Resort, following a route that visits the different bird nesting boxes giving you the best chance of spotting our feathered residents.  
Meeting point: Kitchen Garden



### Tree Planting

Get hands on with the natural environment by planting a tree at Camiral Golf & Wellness and dedicating it to someone you love.  
Meeting point: Kitchen Garden



### Morning Walk & Catalan Breakfast \*

Enjoy a walk around the resort where you'll have the opportunity to pick asparagus, learn more about the environment, and discover the beauty of nature that surrounds us. On the way back, savor a traditional Catalan breakfast and watch our chefs prepare the asparagus you harvested  
Price: €30 person. Special price for residents (€27 person)  
Day: April 7th  
Time: 9:00 a.m. - 12:00 p.m.  
Meeting point: Hotel Camiral



### Artistic Workshop \*

Express your creativity with natural materials from the Resort. Learn a stamping technique using natural materials to create beautiful decorative items for your home. A relaxing and creative day focused on sensory work. \*No artistic knowledge required.  
Price: €20 person. Special price for residents (€18)  
Day: April 9th  
Time: 10:00 a.m. - 12:00 p.m.  
Meeting point: Hotel Camiral



### Multisport Camp\*

Give your children a chance to try their hand at a range of different sports, from football to basketball, baseball to tennis at this 2-hour multisport camp. Suitable for 3-12 year olds.  
Price: €18/person and day  
Special price for residents (€15/person and day)  
Meeting point: Tennis Court

# ON DEMAND



## Tennis & Paddle Lessons

Looking to improve your tennis and paddle skills? Our Tennis Academy coach is on hand to help you perfect your game. Available for all ages, from 6 years old. Equipment included.

Individual paddle or tennis lessons or groups of 4 maximum

### Meeting point:

Tennis/Paddle Courts



## Fitness Lesson

Keep fit with our fitness instructor, in this electrifying exercise session. Class suitable for all levels.

- Pilates
- Stretching
- Strength

**Meeting point:** Wellness Centre



## Girona Food Tours

A 4-hour morning tour in Girona city will allow you to enjoy and discover local food, wine and the history behind the Catalan Mediterranean culture day to day life!

- . Girona Flavours Tour (morning)
- . Tapas & Wine Tour (afternoon)

Transfer not included.



## Horse Riding

Camiral Golf & Wellness, in collaboration with Vidreres Riding Club, offers the opportunity to enjoy horse riding through our superb surrounding area.

**Meeting point:** Hípica de Vidreres  
Transfer not included.

For details on pricing, please contact [activities@camiral.com](mailto:activities@camiral.com) or +34 972 181 020  
Please note, 10% discount for residents.

## WELLNESS



### Wellness Talk: Spring Detox

**8th April 6:00 p.m.**

The change of season, it is a good time to focus on detoxing and purify yourself. In this talk, we will learn about the best foods we can include in our daily diets to purify our bodies.

*Price: Complimentary (10 people max.)*

*Meeting point: Wellness Centre*

### Pilates

The 55 minute pilates sessions are designed to be enjoyed on the mat or in the studio with Pilates reformer machines and are for individuals or groups, taught by Maria Earle and Rocío Gil.

#### Wednesday:

From 10:00 a.m. to 6:00 p.m.: individual sessions or for two or three people in studio (*machines*) 11:00 a.m.: Group Mat Class in the Wellness Center studio (*10 people max.*)

#### Friday:

From 10:00 a.m. to 2:00 p.m.: individual sessions or for two or three people in studio (*machines*) 11:00 a.m.: Group Mat Class in the Wellness Center studio (*10 people max.*)

. *Group Mat Class €25/person . Private Sessions from €70/person*

*Special prices for Residents. Reservations: [wellness@camiral.com](mailto:wellness@camiral.com)*

## GOLF



### Junior Easter Golf Camp

A five-day active outdoor easter golf camp for children and youngsters aged 6–18 at Camiral Golf & Wellness. Five days to enjoy sport and fresh air; to practice and improve accompanied by top professionals.

- Putting
- Short game
- Long game- Short holes
- Playing the course

. *Dates: 3-7 April 2023 from 10.00 a.m to 13.00 p.m*

. *Price: €260/pax*

. *Venue: Golf Hub*

### The Black & White Jacket Tournament

Stroke Play

9th April

Tour Course

Members and Residents only

*For more information and bookings, please contact: [proshop@camiral.com](mailto:proshop@camiral.com)*



- **Places limited**
- **All activities are subject to availability and must be reserved at [activities@camiral.com](mailto:activities@camiral.com) or +34 972 181 020**
- We have protocols in place to keep you safe and give you the freedom to enjoy the activities
- Please note: the dates and times of activities are subject to change, please book in advance to avoid disappointment. Outdoor activities may be affected by the weather
- Children under 14 must be accompanied by adult
- Rentals prices: 18€/activity and person
- Please note, 10% discount for residents: 1 activity €15 / 5 activities €60. Reservations only for residents: [residentservices@camiral.com](mailto:residentservices@camiral.com) or +34 972 470 103

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[www.camiral.com](http://www.camiral.com)

